

the Overtimes

News for the People in Montgomery County Government

July/August 2000

County Employee Flexes His Muscle

Richard Safreed, code enforcement inspector III in the Division of Solid Waste Services, spends his leisure time lifting a little more than the remote control. Safreed recently competed in the International Powerlifting Association (IPA) World Powerlifting Championship competition in York, PA. Competing in the 308 lb. weight class of the amateur open division, Safreed claimed the title for this division along with the title for his age group division. During the past three years, Safreed participated in the competition twice and won the title both times. An elbow injury prevented him from participating in 1999.

The competition consists of three separate contests. Safreed lifted 805 lbs. in the "squat" competition - a deep knee bend with the weight resting behind the neck on the shoulders. He bench pressed 475 lbs., and in the "dead lift," he hoisted 625 lbs. In the three events, Safreed lifted 205 total pounds more than his closest competitor. He also holds the IPA World Bench Press amateur record at 505 lbs.

Safreed began powerlifting 15 years ago and has been competing for seven years. He hopes to compete for the first time in this year's U.S. Strongman competition, to be held in September. Participants are invited to compete only after winning a major competition. Con-

sisting of eight individual events, the competition includes log presses, lifting and carrying large stones, pulling small trucks (for distance) and a test of grip strength. Safreed has also competed in the Highland Games competition, achieving the level of Master status for six consecutive years. These games include a Caber

toss, 56 lb. weight toss, a log press (lifting an 18-ft. section of telephone pole) and a 25 and 28 lb. stone toss.

Before coming to the Solid Waste Services division, Safreed spent five years as a corrections officer at the County's Detention Center. Prior to that, he worked for the D.C. Department of Corrections.

Powerlifting has become a family affair for Safreed. His father, who is 75 years old, also started lifting 15 years ago and is a five-time winner of the World Master Competition in his age group.

Safreed says he derives personal satisfaction from powerlifting and is constantly setting higher goals for himself. He attributes much of his success to his wife, Tina, who, he says, has been a constant source of support and encouragement. He also gives much credit to his training partners, Roy, Scott and Jimmy, and to his parents, Dick and Rosalie.

Safreed lives in Calvert County with his wife and six-month-old twin sons, Logan and Garrett.



Safreed "lifts" the medals he received at the IPA World Powerlifting Championship in York, PA.



Montgomery County was named an All-America City at the annual program held this year in Louisville, KY. Presented by the National Civic League, the All-America City Award is the oldest and most prestigious civic recognition award in the country. The program recognizes communities in which residents, government, businesses and non-profit organizations work together to address critical local issues.

"We're thrilled that Montgomery County has been selected an All-America City," said County Executive Douglas Duncan. "This honor is a tribute not only to each of the programs we highlighted - The Language Bank, Linkages to Learning and B.R.O.T.H.E.R.S. - but to the character of all the people in our community who work hard in so many ways to improve life for all our residents."

Montgomery County was last designated an All-America City in 1950 and was a finalist community in 1998 and 1999.

Waste Reduction Tip

Grasscycling instead of bagging saves time and returns valuable nutrients to your lawn.



Summer Concerts

Bring a picnic dinner and a blanket or lawn chair, and enjoy a **free** concert or show. The Wheaton and Silver Spring Summer Concert Series are now in full swing, providing a variety of musical entertainment at 7 p.m. on Wednesday evenings in Wheaton and Thursday evenings in Silver Spring. The Wheaton concerts are held on the grassy area across from the Mid-County Regional Services Center on Reedy Drive, and the Silver Spring concerts are held at Georgia Avenue and Ellsworth Drive. Mark your calendars with the following dates:

Wheaton:

- August 2 J Street Jumpers
(swing/jazz)
- August 9 Pan Master Steel
Orchestra (steel
drums)
- August 16 Billy B, the Science,
Song & Dance Man
(children's show)

Silver Spring:

- August 3 El Sabor (salsa)
- August 10 Cornell Gunter's
The Coasters -
Motown Legends!
- August 17 Powerhouse
(rhythm & blues/
swing)

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Overheard On the Elevator

Congratulations to **JEANNE ADAMS**, Economic Development, and her husband Ralph, who are the proud new parents of Cooper Ferguson, born on June 14 and weighing 8 lbs., 9 oz...Also, on the new baby front...**SUSANNE BRUNHART WIGGINS** and her husband Don, welcomed Sebastian Gabriel, born on April 6 and weighing 7 lbs., 11 oz. And, **KAREN MORRIS**, Economic Development, and her husband Steve announce the birth of their son Zachery, who was born on May 17 and weighed 7 lbs., 13 oz.

Best wishes to **HELEN HORTON**, Upcounty Regional Services Center, who recently retired after more than 27 years of County service.

SARA HARRIS, Board of Elections, was recently promoted to the position of manager of Elections Administration Services. Harris began work with the Elections office in 1986 as an Election Administration Aide and has been manager of Elections Operations since 1990. In her new position, Harris will have management responsibility for policies and programs related to the administration of elections, budget and personnel for the Board of Elections.

Police Officer **JOHN BINNIX** and his K-9 partner Katie were honored recently by the U.S. Police Canine Association as the "National Top Case Detector Dog" for 1999. The team was honored for its role in an explosion detection search last year in Olney. Katie, an explosion detection canine, entered the apartment and indicated the presence of explosive devices by sitting down in the middle of each room where explosive components and materials were present.

JOE CALLAWAY, Silver Spring Urban District Manager and **JOE LAMBERGER**, Training Coordinator, were recently awarded Community Service Awards by the Silver Spring District of the Police Department, for their support of and assistance to the police with the Urban Corps. The Silver Spring Urban District's Clean/Safe Program has served as a model for numerous programs throughout the country.

Congratulations to **RUSTY WALLACE**, Silver Spring Regional Services Center, who received the "Idamae Garrett Excellence in Governance" award from the Allied Civic Association. Wallace received the award for years of dedicated service to the community. Idamae Garrett, who passed away last year, was a well-respected member of the County Council and the State Senate representing District 19 in Silver Spring.

The Montgomery County **HUMAN RELATIONS COMMISSION** was recognized by the U.S. Department of Housing and Urban Development with its HUD Best Practices Award for developing a comprehensive fair housing curriculum for use in all 23 of the County's high schools as part of the school system's 100 10th grade social studies classes.

Double congratulations to **AUDRA FLOYD**, Corrections and Rehabilitation, who recently received her masters degree in Health Sciences from Towson State University, and became engaged to Will Dugue, who presented Audra with a ring as part of her graduation celebration.

Farewell to **LISA JANSSON**, Crisis, Income and Victim Services Division, who left County service after seven years to be a full-time Mom to her two sons.

Free Lunchtime Shuttle

Need to head down Rockville Pike on your lunch hour? Don't forget the free lunchtime shuttle that runs between the Rockville Metro station and the Grosvenor Metro station, Monday through Friday between 11 a.m. and 2 p.m. Board at any of the 20 stops marked with orange and teal signs and look for Ride On Bus #91. Leave your car behind and save time by becoming

a frequent rider on the lunchtime shuttle.

For more information on this service, call the North Bethesda Transportation Center at 301-770-8108 or visit the website at www.nbtc.org. Brochures on this service are also available at the Transit Information Center on the 11th floor of the Executive Office Building, or call 240-777-7433.



THAT'S "DOCTOR" TO YOU -- After many years of burning the midnight oil, David Bernstein, Finance (left), and DeVance Walker, Economic Development, received their doctorate degrees this past May. Bernstein graduated from George Washington University with a Ph.D. in Public Administration. Walker earned his Ph.D. from Howard University in Political Economy and Public Administration. Both attended evening classes while juggling full-time jobs and family. And, while they are extremely happy to have successfully reached this important milestone, they are also happy to have the work behind them. They are also grateful for the Employees Tuition Assistance Program (ETAP) that Montgomery County offers its employees and urge others to take advantage of this program. (See OHR Notes for more information on ETAP.)

In Memoriam

Rodney Driver, 51, Department of Public Works and Transportation, passed away on July 5 from complications of cancer.

Driver worked for Montgomery County for 28 years. He served as one of two Capital Projects Managers for the Facilities and Services Division where he was responsible for building and renovating facilities throughout the county.

He is survived by his wife, Georgia, one son and one daughter and two grandsons.



Eugene Hann, Finance, passed away on July 1 from complications of cancer.

Hann, 51, began his career with Montgomery County in 1969. He was a program manager in the Controller's Office of the Finance Department. His wife, Peris Rowell-Hann, is an employee in the Department of Information Systems and Telecommunications.

He is survived by his wife and twin sons, David and Caleb, as well as two stepchildren and three step grandchildren.

Genevieve Leary, 72, retired County employee, passed away on May 10 from congestive heart failure.

Leary served as a Division of Transit Services manager during the '80s and early '90s. She was appointed Ride On Section Chief in 1980. Before she retired in 1993, she had held several managerial positions with Ride On, including Acting Division Chief and first director of the Silver Spring Transportation Management District.

She is survived by two sons and three grand daughters.



Lila Shiren, former Administrative Aide for the Board of Appeals, passed away on February 27 from complications of cancer.

Shiren worked for the Board of Appeals from 1993 to 1996, when she left on disability leave. She and her family are very grateful for the many hours of sick leave donated by County employees during her illness.

She is survived by two daughters.

OHR Notes

Office of Human Resources

Tuition Assistance Increase

The amount of tuition assistance a full-time employee is eligible to use has increased to \$830 per fiscal year! A part-time employee may use up to \$415 per fiscal year. Take advantage of this benefit to complete your college degree or improve your job skills. FY 01 funds are now available, so find out more about using tuition assistance to further your education this fall. Call OHR at 240-777-5116 for a fact sheet with information on eligibility, program features, and application procedures.

Diversity Day

The County will celebrate its **Sixth Annual Diversity Day** on Thursday, October 26, 2000. OHR is looking for volunteers to help plan for this exciting event. Develop or enhance your organizational and leadership skills by participating on the Diversity Day planning committee, which meets two or three times a month. Contact the EEO/Diversity Team at 240-777-5110 for more information.

Please Leave a Complete Message

A reminder: If you call OHR with a question about a personnel matter and the person you called can't answer the phone, please leave a voice mail message describing your problem and giving your Social Security number and a phone number where you can be reached. That way, OHR can research your issue and call you back with the information you need.

Personnel Forms

When you submit new Personal Data Forms, beneficiary forms or tax forms, please make sure you include your Social Security Number on the forms and sign them in ink. Keep a copy of any form you submit.

Job Fair

The Montgomery County Office of Human Resources and the Maryland Department of Labor, Licensing and Regulation are sponsoring a Job Fair on Saturday, September 23 from 10 a.m. to 2 p.m. The fair, with more than 50 private employers, will be held in the Executive Office Building on both the Terrace and Lobby Levels. For more information call the Human Resources Office at 240-777-5000.

OCEANFRONT CONDO - Antigua at 85th St., O.C., Md. Spectacular ocean and bay views, two bdr., 2 baths, W/D, D/W, A/C, cable, balcony, pool, sauna. All amenities. Reasonable rates. Call 301-604-6865.

BETHANY BEACH

TOWNHOUSE - Sea Colony. Two bdr., sleeps six, A/C, TV, VCR, W&D, phone. Use of tennis courts and pools. Located in quiet, wooded area one block from beach. Photos available. Weeks in August and September available. Call 301-572-4647.

'89 CHEVY CAVALIER Z24 - 6 cyl., front wheel drive, sun roof, power locks, auto, very good condition. One owner, all maintenance records. Blue book \$2,500, asking \$2,000/best offer. Call 301-565-7313 or 301-662-4633, eves.

'87 TOYOTA TERCEL - auto, 2-dr., white, new tires & exhaust. No dents, good condition. 130k miles. Passed inspection. \$1,400. Call 240-777-3432.

'88 SUZUKI MOTORCYCLE - Intruder 700 VS750GL. Garage krpt, owner maintained, windscreen, hwy. pegs, saddle bags. 17k miles. \$2,000/neg. Call Lee, 301-924-2840.

'93 MERCURY SABLE LS SEDAN - 4-dr., V6, 3.8 liter engine, recently detailed, CD player, new battery. 96k miles. MD inspected. \$3,700. Call Kevin or Rita, 301-460-2951 or email, KBBUCKMD@aol.com

BOAT - '86 Sea Ray Sundancer, 25 ft., Merc 260 HP, 470 hrs., portable A/C, head w/ shower, aft compartment, galley, stereo, VHF, depth finder, full canvas and boat cover. Lift kept, serviced and ready to go. \$10,500. Call 301-622-5134.

LAWN TRACTOR - Sears Craftsman tractor/mulcher w/42" deck, 15 hp, 6-spd. Three years old. \$800/best offer. Call Renee, 240-777-9752 or 301-774-3683.

Backpage Bargains

County employees may submit ads, non-commercial only, with name and home and office phone number to Information Office, 4th floor, EOB. Ads may appear one time only. Deadline for the next issue is August 25.

SUNROOM FURNITURE - rattan couch and chair w/cream color cushions & light wood frames from Conrans. Both are standard size and in excellent condition. \$500 for both. Call Robin, 240-777-4047.

FURNITURE - matching Ethan Allen sofa and loveseat, small brass/glass coffee tables, lamps, pictures. All in good condition. Best offers. Call Paula, 240-777-1326 or 301-417-0181.

PATIO FURNITURE - Samsonite 48" round, glass table w/four matching white/aqua mesh chairs. Excellent condition. \$400. Call Marion, 240-777-3937.

COFFEE TABLE - all glass, 3'x3' square, cross-shaped base w/heavy tempered, durable glass. \$65. Call 240-777-2823 or 301-933-3299.

FOR SALE - wedding dress, size 8, crystal & pearl encrusted head piece w/lace trimmed veil, satin slippers, size 6 1/2. All in perfect condition, \$600. Set of Samsonite luggage, inc. pullman on wheels, weekender, carry-on, excellent condition, \$50. Also, four place settings of Wedgewood bone china, white w/pale green border, gold trimmed, perfect condition, \$200. Call Jean, 301-424-5472.

WANTED TO BUY - photographic equipment, inc. tripod, Canon, Minolta & Tamaron lenses. Also, futon wood frame. Call 240-777-4342 or 301-320-0537.

FOR SALE - ladies bike, like new, \$85. Ten gallon aquarium w/hood, filter, light,

pump, artificial plants, thermometer, \$20. Oriental rug, 4'x5', rust with beige, \$200. Call Debbie at 240-777-8707 or 301-963-7872.

BUNK BED - solid wood, excellent condition w/extra mattress. \$125/best offer. Call Mike, 240-777-7905 or 301-320-4131.

DOUBLE STROLLER - side-by-side, individual reclining, removable padded seats, large storage basket, removable canopy. Excellent condition. \$50. Call 301-540-1605.

PET SUPPLIES - lg. kennel (30"x22"), med. size carrier, two med. size beds, baby gate. Everything like new. Call 301-340-9852.

AIR CONDITIONER - GE window unit, 16"x32 1/2" excellent condition. \$75. Call 301-942-8515.

MOVING BOXES - free. For pick up arrangements in Clarksburg, call Tom at 240-777-7257 or Janet at 301-253-3913, or 301-253-5539, eves.

FOR SALE - full set of new Cutco knives worth more than \$760, selling for \$200. Call Mehrab, 301-424-9019.

ROTTWEILER - male, 1 1/2 years old, good temperament, very playful, extremely active and trained through Infinity K-9 Academy. AKC registered w/pedigree papers and microchip for ID. Looking for good and loving home. \$550. Call 301-977-1803.

FREE TO GOOD HOME - 4-yr. old female Himalayan cat, beautiful, litter trained. New family member is allergic. Temporary and permanent homes will be considered. Call 301-622-1227.

WANTED TO BUY - home rowing machine exerciser. Call Esther, 240-777-6513.

The 52nd annual
Montgomery

County Agricultural Fair is being held the week of August 11-19, featuring exhibits, demonstrations, entertainment, great food and carnival games and rides. For more information, visit the website, www.mcagfair.com or call 301-926-3100.

Don't miss the 24th annual Washington Irish Festival at the Montgomery County Fair Grounds during the Labor Day weekend, September 2 and 3. The festival features world class traditional

FUN, FUN, FUN, FESTIVALS!

Irish music, dance and song on six stages, plus crafts, food and more. For more information, visit the website, www.ncta.net, or call 301-565-0654.

The 18th annual Germantown Oktoberfest 2000 will be held on Friday and Saturday, September 22 and 23,

at Phillips Farm, 13710 Schaeffer Road.

The annual festival gets underway on Friday evening at 6 p.m. with a musical performance by POWERHOUSE, a hot air balloon glow and fireworks. Saturday's activities include a hot air balloon race at 7 a.m., followed by a parade at 9 a.m. The festival continues throughout the day with children's activities, crafters, food vendors and a beer garden, and three stages of entertainment, featuring German music and dance.

For information call 240-777-6821.